

# Steve Clayton enjoys life's journey

Steve Clayton of Riverview loves to help people — and pets — in a most unique way.

A native of Halifax, Steve is all about enjoying life's journey and he's made plenty of stops en route to his current destination. He's driven transport truck, been a sales rep, customer service rep, boatyard worker, and made clay in a major PEI pottery production facility. Now he's a holistic healer of both people and pets.

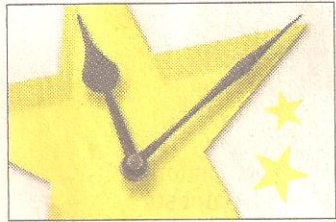
"I took an online course, it's Chios Energy Healing, and it's similar to Reiki except that it goes further. It deals with both the auric field and the chakra system. Apparently it's something I've been doing my whole life without realizing what I was doing. People have always told me I have nice energy, and they feel good around me. I discovered Reiki when we were still in Halifax ... but it didn't resonate with me, ... after we moved up here we found Chios, and I just took to it."

Peace and contentment reign at his Clayhut Healing Centre, assisted by his wife, Kim. Interest in what he does has steadily grown over the past two years, although at the moment the number of people seeking his services outnumber the pets. To Steve, though, the energy is the same.

"Animals have the same chakra and auric field that we have," he explains.

"We're all made from the same energy basically, whether you want to call it God's energy or the Universal energy or whatever name you want to give it."

According to Steve, one advantage that pets have over people is that they "don't have an ego". People have to be "open-minded" when entering a session and "then the results can be quite amazing". Stress seems to be at the root of any problems requiring this type of treatment — even for the dogs (primarily), cats — and goats that he's worked with. He points out that



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any animal can benefit — he even worked on a friend's pet rat!

"They (pets) could be anxious, maybe they're having an eating disorder. A lot of times a dog is just not getting enough exercise, but then again dogs in particular are really in tune with their owner's emotions. If the person is not having a good time, the dog will often exhibit the same sort of characteristics."

Any session leaves him feeling "re-energized."

Steve believed his calling was journalism when he earned his degree in English from the University of Kings College, but found eventually that wasn't the type of writing he wanted to do. So he writes mostly fiction, and has finished a novel "aimed at the Grade 5 or 6 level".

Other personal pursuits include spending time on the computer, sailing, and enjoying the couple's dog, Tux, who "is like our little child."

Self-described as optimistic, Steve Clayton continues to discover himself, and is "open to whatever comes along." You might even say he's a student of the world.

"That's a great way to put it," he says with a smile.

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