



CLAYHUT
HEALING CENTRE INC

Caring for the World's Caretakers

Healing, Guidance and Protection for Lightworkers & Earth Angels

Workshop topics include:

Acute Empathy

Learning to see it as a Gift
Energetic Shielding
Angelic Protection and Healing
Chakra and Aura Clearing and Balancing
Boundary-setting
Crystals & Stones

Fear & Self-Doubt

Seeing Yourself as Others Do
Feeling Your Connection to the Divine
Affirmations and Positive Thinking
Embracing Your 'Flawed' Ego
Releasing All Past Life Issues
Forgiveness

Confusion

Honouring Your Intuition
Talking to your Angels and Spirit Guides
Meditation

Frustration

Asking for, and Accepting Help
Understanding your limitations
Connecting with a Higher Truth

Self-Neglect

Replenishing Your Reserves
Adopting a Self-Care Routine



Earth Angels & Lightworkers

Date: Sunday Sept. 19th, 2010

Time: 1:30 pm – 5:00 pm

Cost: \$60 (Includes manual)

Contact: Email kim@clayhuthealing.ca
or call 861-0903

Location: TBA

clayhuthealingcentre.ca